

WELCOME TO "EL CASTELLO" FLEET

*Please discuss all your dietary requirements with the Manager
as we prepare everything from fresh.*

Prices inc. VAT, 10% service charge will be added to parties of five or more

STUZZICHINI

Basket of fresh bread £2.20 Marinated olives £4.25
Fried thinly shaven courgettes £4.25 Bruschetta: £5.25
Garlic Bread: £4.20 Garlic Bread with mozzarella and gorgonzola: £5.25

ANTIPASTI

Antipasto Italiano: Selection of Barolo Salami, Tartufo Salami, Parma Ham and chorizo, served with rocket salad, olives, parmesan shavings and bread	8.25
Pate: Homemade chicken liver pate, served with homemade chutney and fresh ciabatta bread	7.25
Sole Fritto: Fried and bread crumbed strips of fresh lemon sole, served with homemade tartar sauce and salad	7.50
Funghi: Fresh button mushrooms, cooked in gorgonzola cheese, garlic, parmesan and white wine sauce, served with fresh bread	6.55
Calamari: Fried baby squid, served with homemade tartar sauce	6.80
Halloumi: Pan fried halloumi cheese, served on a bed of grilled vegetables, topped with rocket and roasted peppers sauce	6.60
Sardines: Fresh sardines with delicious stuffing of anchovies, capers, spinach, parsley, breadcrumbs, onions	6.95
Caprino: Tasted bread with grilled goat cheese and beef tomato served with red peppers and honey sauce	6.95
Gamberoni: Butterfly King Prawns on Fregola (pasta grains) mixed with vegetables, white wine, garlic and touch of chilli	7.85
Cozze Rosso/Bianco: Fresh mussels, a choice of: cooked in tomato, garlic, chilli and white wine sauce OR leeks and cream sauce, both served with toasted bread (as main +4.00)	8.20

INSALATE

(all salads are served with homemade bread, available as a main +2.00)

- Italiana:** Fresh beef tomato, baby buffalo mozzarella, avocado, sun-dried tomatoes, olives and fresh basil leave, with olive oil 7.80
- Cesare e Pollo:** Crispy salad with croutons, grilled chicken, parmesan shavings and Caesar dressing 7.95
- Pollo:** Mixed leaf salad, with springs onions, cucumbers, tomatoes, grilled and marinated red peppers and courgettes, goat cheese, crispy herbed chicken, caramelised red onions, sweet balsamic vinegar and olive oil dressing 8.30
- Nicoise:** Mixed leaf salad, tuna, anchovies, capers, boiled egg, tomatoes, cucumber, spring onions, sweetcorn and Italian dressing 9.35
- Mare Dolce:** Avocado, fresh mango, crayfish, smoked salmon & boiled egg, served in crispy salad leaves, garnished with lemon mayonnaise dressing 9.45

RISOTTI

- Risotto Verde:** Italian rice, cooked with asparagus, carrots, peas, mushrooms and tomato sauce 12.95
- Risotto Salame:** Italian rice, cooked with selection of salami, mushrooms, onions, garlic, chilli and tomato sauce 13.15
- Risotto e Pollo:** Italian rice, cooked with fresh chicken, mushrooms, green peppers, garlic, cream, and white wine 13.40

PASTE

(gluten free pasta available on request)

- Ravioli:** Spinach and ricotta ravioli, cooked in a buttery sage and lemon sauce 11.65
- Farfalle Sorrentina:** Butterfly pasta in basil pesto, garlic, tomato sauce, parmesan and touch of chilli, topped with baby mozzarella 10.95
- Pollo Positano:** Egg-ribbon pasta, with chicken, white wine, garlic, asparagus, mushrooms and cream 11.85
- Spaghetti della Nonna:** Spaghetti with home-made meat balls in tomato sauce, garlic and chilli 11.95
- Penne Napoli:** Tube pasta, with sliced beef fillet, onions, peppers, mushrooms and tomato sauce, topped with parmesan 11.95

Spaghetti Mare: Spaghetti with selection of seafood, in white wine, garlic, chilli and fresh chopped tomatoes	12.45
Tagliatelle Salmone: Egg-ribbon pasta with salmon, cream, lemon juice and butter, topped with parmesan	11.95
Linguine Con Granchio: Linguine pasta with crab meat, cherry tomatoes, fresh chilli, butter and white wine sauce	12.95
Penne Al Forno : Oven baked tube pasta, with aubergine, chicken, garlic, chilli, tomato sauce, parmesan and mozzarella	11.10
Lasagne: Homemade layers of pasta with mixed beef, Bolognese sauce, courgettes and béchamel	10.80

SECONDI di CARNE

Vitello Marsala: Pan fried veal, in Marsala wine sauce, accompanied with sautéed potatoes, green beans and carrots	19.65
Filetto El Castello: Grilled fillet of British beef steak in rich red wine and pepper sauce, served with potatoes, green beans and carrots	24.95
Bistecca: Grilled British rib-eyed steak in creamy gorgonzola sauce, served with sautéed Potatoes, green beans and carrots	22.05
Medagliogione di Manzo: Pan fried medallions of fillet of British beef with honey, French and Dijon mustard, served with French fries	22.15
Pollo Involtino: Chicken breast, stuffed with mascarpone, spinach and garlic, wrapped with Parma ham, served with creamy mushrooms sauce, accompanied with sautéed potatoes, green beans and carrots	17.35
Agnello: Grilled lamb cutlets topped with rich red wine, mint and apple sauce, served with mashed potatoes	18.95

SECONDI di PESCE

(may contain small bones)

Lemon Sole: Pan-fried fillet of lemon sole, in butter, capers, cherry tomatoes and white wine, served with sautéed potatoes	18.65
Salmone: Oven baked fillet of Salmon, served with creamy dill sauce and sautéed potatoes	18.75

PIZZERIA EL CASTELLO

Fresh homemade dough – choice of whole meal or white flour

Margherita: Mozzarella cheese and tomato base	8.20
Funghi: Tomato base, mozzarella cheese, mushrooms and garlic	9.20
Florentine: Tomato base, spinach, garlic, mozzarella cheese and free range egg	9.90
Quattro Formaggi: A smooth blend of four cheeses, on tomato base	9.60
Americana Calda: Tomato base, pepperoni sausage, hot green peppers, mozzarella	11.50
Salsiccia: Tomato base, pepperoni sausage, fresh lucanica sausage, bacon, red onions and mozzarella	11.95
Quattro Stagioni: Tomato base, mozzarella cheese, pepperoni sausage, mushrooms, capers, anchovies, olives and artichokes (in sections)	11.95
Mare: Tomato base, topped with fresh seafood-calamari, octopus, king prawns, mussels, with a touch of garlic and chilli (no cheese), when cooked drizzled with lemon juice	13.50
Tonno: Tomato base, mozzarella cheese, tuna, red onion and olives	12.35
Pollo: Tomato base, spicy chicken, green peppers, mushrooms, onions, garlic and mozzarella cheese	11.90
Rucola e Prosciutto: Blend of four cheeses, when cooked topped with Parma ham and rocket salad leaves	11.15
Kalina: Tomato base, mozzarella cheese, spinach, olives, sultanas pine kernels, feta cheese and garlic	10.95
Dolce: Tomato base, mozzarella cheese, pineapple, ham	10.95

ADD YOUR OWN TOPPING:

Prawns, chicken, pepperoni, Parma ham and lucanica sausage £ 1.80, all the rest £1.00

SIDE ORDERS

Chips: French fries	2.50
Potato: Sautéed potatoes with fresh herbs	3.95
Spinaci: Pan-fried spinach with garlic, white wine and lemon	5.15
Verduri: veg of the day	5.15
Insalata Miste: Mixed side salad	4.95
Rucola: Rocket leaf and parmesan shavings salad,	4.95
Pomodori e Cetrioli: Tomato, cucumber and red onion salad	4.75